



13th October 2022
to
16th October 2022

1st International Conference **NAPCAIM 2022**

THEME Aiming for Integrated Palliative Care



Venue

**SGRD University of Health Sciences
Mehta Road, Sri Amritsar, Punjab**



Welcome Message

Dear Friends and Colleagues,

Greetings from the Organizing Committee of 1st International Conference of NAPCAIM.

It gives us immense pleasure to extend a warm and cordial invitation to you all to participate in 1st International Conference hosted by Punjab Chapter of NAPCAIM on 14 to 16 October, 2022. This Conference will be hosted in a sprawling beautiful campus of SGRD University of Health Sciences, Sri Amritsar.

About NAPCAIM, it is the only National Non Profit Organization working for Integrated Palliative Care having experienced professionals in the fields of Allopathy, AYUSH and Social Work. We aim to empower and develop AYUSH Interventions in Palliative Care in response to the requirement of integrating all modalities of treatments with Modern Medicine for attaining the Goal of "Good Health and Well Being". We have also established International Institute for Distance Learning (IIDL) for creating awareness and education about palliative care.

As our mission is to integrate modern science with AYUSH in the field of Palliative Care, we have chosen "**Aiming for Integrated Palliative Care**" as the theme for **NAPCAIM 2022**.

About Amritsar, literally a Pool of Nectar, derives its name from Amrit Sarovar, the holy tank that surrounds the splendid Golden Temple. Guru Ramdas, the fourth Guru of the Sikh faith, founded Amritsar in 1579. One of the most pristine cities with Guru-vaani humming from the Gurudwaras, Amritsar is renowned the world over for the Golden Temple, also known as Harmandir Sahib Gurudwara - the holiest Gurdwara. This city is also famous for Jallianwala Bagh Memorial and fabulous Retreat Ceremony at Wagah Border. The Amritsari cuisine is very famous; the satiating food and generous dollops of legendary Punjabi hospitality further connive to cast a spell upon the visitor. One of the most agriculturally productive cities of India, Amritsar is well connected with most of the important cities of India.

We request you to join and enrich this conference by contributing your valuable scientific inputs and make it a grand success. In all, we aim to offer you an enjoyable and informative experience in NAPCAIM 2022 which we sincerely hope will change your entire outlook towards Palliative Care.

Once again we welcome you to NAPCAIM 2022.

Welcome to the Soul of Punjab!
Experience Amritsar!!



Important Dates

13 th October, 2022	14 th October, 2022	15 th & 16 th October, 2022
Marathon	Pre-conference Workshops	Scientific Sessions, Free Papers & Poster Presentations
	Communication skills: An important part of therapy	Hackathon
	Nursing Care for Palliative Care Patients	

Highlights of Scientific Programme

- ✓ Pre-conference workshops on:
 - ⊗ Communication Skills: An important part of therapy!
 - ⊗ Nursing Care Plans for Palliative Care patients.
- ✓ Principal of Palliative will have the following topics:
 - ⊗ Principles of Integration of Modern Medicine and AYUSH.
 - ⊗ Principle of Palliative Care.
 - ⊗ Communication Skills: The Key to Care!
- ✓ Pain Assessment and Management.
- ✓ Importance of Symptoms Control.
- ✓ Role of Community and Volunteers.
- ✓ Nursing Care Plans for Palliative Care patients.
- ✓ Modalities of starting Palliative Care practice.
- ✓ Panel Discussion: Opioids for Pain Relief.
- ✓ Free Papers (any medical subject) and Poster Presentation (Palliative Care).



Organizing Chairperson
Dr A P Singh, Dean
 SGRDUHS, Sri Amritsar
 President, Punjab Chapter,
 NAPCAIM



Scientific Chairperson
Dr Geeta Joshi
 Director, IIDL
 NAPCAIM



Conference Advisor
Dr Abhijit Dam
 National President
 NAPCAIM



Organizing Secretary
Dr Harjot Singh
 Secretary, Punjab Chapter,
 NAPCAIM



Co-Organizing Secretary
Dr Paramjot Bindra
 Vice President, Punjab Chapter,
 NAPCAIM

Organizing Committee

Chief Patron

Advocate Harjinder Singh Dhani

Chancellor, SGRDUHS, Sri Amritsar

President, SGPC, Sri Amritsar

Chairman, SGRD Charitable Hospital Trust, Sri Amritsar

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Dr. Manjit Singh Uppal

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SGRDIMS

Core Committee

Organizing Chairperson

Dr A P Singh

Dean, SGRD University of Health Sciences

Scientific Chairperson

Dr Geeta Joshi

Organizing Secretary

Dr Harjot Singh

Co-Organizing Secretary

Dr Paramjot Bindra

Treasurer

Dr Manisha Nagpal

Local Organizing Committee

Dr Meena Sudan, Dr Rahat Kumar, Dr Harpreet Kaur, Dr Pooja Sidhana,
Dr Amritpal Singh Brar, Dr Piyush Mahajan, Dr Sahil Kndra, Dr Jitender Punj

Conference Advisors

Dr Abhijit Dam, Dr Piyush Gupta, Dr Mona Rai, Dr K B Lingegowda, Dr Pankaj Agarwal,
Dr Brigeetha V V, Dr Yashavant Joshi, Mrs Garima Agarwal, Mr K Radhakrishna Menon

Registration Fees

Event	NAPCAIM Members		Non-Members		
	Doctors/ Ph.D.	Nurses/ Paramedic/ Volunteer/ Students	Doctors/ Ph.D.	Nurses/ Paramedic/ Volunteer/ Students	
Pre-conference Workshops	₹ 1000/- (For all delegates)				
Online Conference Registration	₹ 1000/-	₹ 1000/-	₹ 1200/-	₹ 1200/-	
Offline Conference Registration	Till 31st Aug 2022	₹ 3000/-	₹ 2000/-	₹ 3500/-	₹ 2500/-
	Till 10th Oct 2022	₹ 3500/-	₹ 2500/-	₹ 4000/-	₹ 3000/-
Spot Registration	₹ 4000/-	₹ 3000/-	₹ 4500/-	₹ 3500/-	

Bank Detail

Account Number	360601000040
IFSC Code	ICIC0003606
Account Name	ICICI Bank Ltd., Vallah Mandhi, Amritsar



Conference Secretariate

Department of Palliative Care
SGRD Institute of Medical Sciences & Research,
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Partners



लोकाः समस्ताः सुखिनो भवन्तु



Guidelines for Abstract Submission

Please follow the guidelines before submitting your abstract.

- ☑ Registration for **1st International Conference of NAPCAIM** is a prerequisite for any presentation.
- ☑ On one subject, you can have either Podium Presentation or Poster Presentation.
- ☑ For Podium Presentation, you can choose any topic from Medical Science, however; Poster Presentation will only be for the subject of Palliative Care.
- ☑ It is mandatory that the Principal Author should be the presenting author and any award declared, will only be given to him/her. A maximum of **4 Authors including Principal Author** are allowed for each abstract.
- ☑ The abstract must be original and should not be published or presented elsewhere earlier. **Abstract should be of maximum 250 words**
- ☑ **Size** of Poster should not be more than **4 feet** in height and **3 feet** in width (portrait).
- ☑ **You will be given 08 Mins time for Podium Presentation followed by 02 mins of discussion.**
- ☑ The receipt of abstract will be notified through email. Rights of acceptance/ rejection rests with the Scientific Committee and it is final.
- ☑ **Last date for submission of abstract is 01 Sept 2022.**
- ☑ Abstracts stating "data will be discussed in presentation" will not be accepted.
- ☑ Abstracts will be published in the official publication of **1st International Conference of NAPCAIM**. Therefore, it is mandatory to fill the **Copy Right Form** and submit the same with your abstract details.
- ☑ **Abstracts has to be submitted to the following Emails:**
napcaimsecretariate@gmail.com & geeta.joshi@napcaim.com

Pre-conference Workshop

Workshop No. 1

Communication Skills in Palliative Care by Col (Dr)Yashavant Joshi and SGRDUHS Team

Hall A	Topics	Faculty	Remarks
09:00 to 09:30 am	Registration		
09:30 to 10:30 am	Pre-Workshop Questionnaire	Dr. Harjot SinghBirgi	
10:00 to 11:00 am	Session 1 - Communication in General <input checked="" type="checkbox"/> What is Communication? <input checked="" type="checkbox"/> Knowing about the Body Language! Handshake: A personality Indicator!	Dr. Prabha Dr. Mala Ms. Saroja	Presentation, Processes & Interactive Discussions
11:00 to 11:15 am	Tea Break		
11:15 to 01:00 pm	Session 2 - Learning about communication issues in Palliative Care <input checked="" type="checkbox"/> Communication skills in Palliative <input checked="" type="checkbox"/> Handling Collusion! <input checked="" type="checkbox"/> Breaking Bad News (SPIKE Model) <input checked="" type="checkbox"/> Handling Emotional Reactions! <input checked="" type="checkbox"/> Handling Denial!	Dr. Arun Deka Dr. Dipankar Dekua Dr. Mrinal Dev Dr. Nivedita Dr. Priyakhii	Presentation, Processes, Interactive Discussions and Role Play
01:00 to 02:00 pm	Lunch Break		
02:00 to 03:00 pm	Session 3 - Learning Communication Skill! <input checked="" type="checkbox"/> Why do we need communication skills? <input checked="" type="checkbox"/> Conversation with Patient (Class Model) <input checked="" type="checkbox"/> Use of a 'Continuer Statement' (Nurse Model) <input checked="" type="checkbox"/> Art of Listening!	Dr. Anupama Mahajan Dr. Prabha Dr. Mala Dr. Arun Deka	Presentation, Processes, Interactive Discussions and Role Play
03:00 to 03:15 pm	Tea Break		
03:15 to 04:15 pm	Session 4 - Practising Communication Skills! <input checked="" type="checkbox"/> Communication Effectively in Medical Profession! <input checked="" type="checkbox"/> Communication among Health-Care providers <input checked="" type="checkbox"/> Respecting cultural backgrounds! (RESPECT Model) <input checked="" type="checkbox"/> Developing good communication skills!	Dr. Manisha Nagpal Dr. Pooja Sadana Dr. Harpreet Kaur Dr. Paramjot Bindra Dr. Punita Salwan	Presentation, Processes, Interactive Discussions and Role Play
04:15 to 04:30 pm	Post-Workshop Questionnaire	Dr. Harjot SinghBirgi	

Pre-conference Workshop

Workshop No. 2 Nursing Care for Integrative Palliative Care by Dr Geeta Joshi and SGRDUHS Team

Hall B	Topics & Faculty	Remarks
09:00 to 09:30 am	Registration	
09:30 to 10:00 am	Pre-workshop Questionnaire	Ms. Rupinder Kaur
10:00 to 11:00 am	Introduction - Importance of Nursing Care for Palliative Care Patients	Dr Geeta Joshi Dr Manpreet Kaur
11:00 to 11:15 am	Tea Break	
11:15 onwards	Session 1 - General Hygiene & Care of Patient Faculty	Dr Amandeep Kaur Bajwa
	Session 2 - Oral Care of Palliative Care Patients Faculty	Mr. Naveen Kumar
	Session 3 - Wound Management Faculty	Ms. Harjot Kaur
	Session 4 - NGT (Naso-Gastric Tube) Care Faculty	Ms. Mandeep Kaur
The Class will be divided in Four Groups and they will visit each Station on rotation as per given timings. They will watch Demonstration on Patient or Volunteer, if required, they will go through Hands on Training.		
01:00 to 02:00 pm	Lunch Break	
03:00 to 03:15 pm	Tea Break	
04:15 to 04:30 pm	Post-workshop Questionnaire	Ms. Rupinder Kaur

Scientific Program

Hall A

Day - 1 : 15th October 2022

Time	Topic, Speaker and Chairperson
09:00 to 09:30 am	Plenary Session - 1 NAPCAIM: Vision, Mission and Principles of Integration for Palliative Care Speaker Dr Abhijit Dam, President NAPCAIM Chairperson Dr Anupama Mahajan, Dr KB Linge Gowda, Dr Pankaj Agarwal
09:35 to 10:05 am	Plenary Session - 2 Principles of Palliative Care Speaker Dr Mary Ann Muckaden, Former Prof. & Head, Palliative Care Medicine, TMH, Past President, IAPC Chairperson Dr Geeta Joshi, Mr Radhakrishna Menon, Noordeen K M
10:10 to 10:40 am	Plenary Session - 3 Communication Skills: The Key to Care Speaker Dr Sukhdev Nayak, Prof. & Head, Anaesthesia & Palliative Care, AIIMS, Bhubneshwar, Past President, IAPC Chairperson Dr Dinesh Goswami, Col (Dr) Joshi, Dr Piyush Gupta
10:40 to 11:40 am	Inauguration of NAPCAIM ICON 2022
11:40 to 12:30 pm	Award Presentation Ceremony

Scientific Program

Time - 12:00 to 01:30 pm

Day - 1 : 15th October 2022

Hall A

Session: "Pain Management by Integrative Approach"

Speaker

Dr Raghu Thota

- Assessment of Pain & Concept of Total Pain

Speaker

Dr Dinesh Goswami

- Pain Management Modern Medicine

Speaker

Dr Rekha Srinivasan

- Pain Management Homeopathy

Hall B

Symposium: "Difficult Symptoms Management through Integrative Medicine"

Speaker

Dr Rdipankar Dekua

Dr Kanimozi Rajalingam

- Delirium

Speaker

Dr Naresh Chawla

Dr Sanghamitra

- Breathlessness

Speaker

Dr Jayesh Thakrar

Dr Gurinder Mohan

- Seizure Management

Speaker

Dr Manir Uddin Diwan

- Pain Management Ayurveda

Hall C

Symposium: "Integrative Palliative Care for Life Limiting Illness" - Part 1

Speaker

Dr Neeraj Jain

- Palliation by Radiotherapy

Speaker

Dr Jaskaran Singh

- Palliative Care in Head & Neck Cancers

Speaker

Dr Bhanu Bhardwaj

- Role of ENT Interventions in Palliative Care

Speaker

Dr Manisha Singh, Oman

- Role of Dentistry in Palliative Care

Speaker

Dr Karandeep Kaur

- Role of Physiotherapy in Palliative Care



LUNCH BREAK

01:30 to 02:30 pm

Scientific Program

Time - 02:30 to 03:30 pm

Day - 1 : 15th October 2022

Hall A

Panel Discussion:
"How I Manage it
through Integrative
Medicine?"

Panelists

Dr Sahil Kundra
Dr Anand Kulkarni
Dr Saima Furqan
Dr Asoke Mathew
Dr M S Shree Devi
Dr Dhaneshwar Kalita

Hall B

**Session: "Integrative
Palliative Nursing"**

Speaker

Dr Nayana Parmar
 Lymphedema Care

Speaker

Dr Rupinder Kaur
 Care of Bed-ridden
Patient.

Speaker

Dr Malarvizhi Natarajan
 Stoma Care

Speaker

Sister Suseela G J
 Catheter Care

Hall C

**Session: "Integrative
Palliative Care: A Way
Ahead"**

Moderator

Dr Yashavant Joshi

- Allopathy:
Dr Lingegowda
- Ayurveda
Dr Minaxi Arora
- Yoga
Neha K
- Siddha
Dr Samraj Karunanithi
- Homeopathy
Dr Pankaj Agarwal
- Unani
Dr Shahid Hassan
- Spirituality
Dr Abhijit Dam
- Social Worker
Dr Piyush Gupta
- Volunteer
Radhakrishna Menon

Hall D

**Session: Online Speakers
Session: Aroma Therapy**

Chairpersons

Dr Abhijit Dam
Dr Samraj Karunanithi

Speaker

Madeleine Kerkhof,
(Netherland)



TEA BREAK

03:30 to 03:45 pm

Scientific Program

Time - 03:45 to 05:15 pm

Day - 1 : 15th October 2022

Hall A

Session: Palliative Care: Overseas Experiences

Speaker

Dr Maureen, (Indonesia)

- MDT In Palliative Care

Speaker

Dr Vinod Kondur, (USA)

- Developing a Patient Centric Community Centric Framework

Speaker

Dr Shruti Kakkar, (USA)

- Barriers to early integration of Palliative Care Services in Pediatric Oncology

Hall B

Session: "Community Participation through Integrative Models of Palliative Care"

Speaker

Dr Sachin Dwivedi

- Pain Assessment in Community Care Model?

Speaker

Dr Jyoti Jayan Warriar

- Role of Community Volunteers

Speaker

Dr Rakesh Bahl

- Role of Community Integration with PHC

Speaker

Dr I Clement

- Role of Nurses in Home Care

Speaker

Mr John Joseph

- Role of NGOs & beyond in Palliative Care

Speaker

Ms Usha Rani Mohanty

- Home Care in Poor Resources Setting

Hall C

Session: "Palliative Care: An Integrative Holistic Care"

- Psychological Distress
- Social Issues
- Spirtual Issues
- Grief & Bereavement

Session: "Palliative Care: Approach in India"

Speaker

Dr Minni Hurria Arora

- Palliative Care Chandigarh Model

Speaker

Dr Harjot Singh Birgi

- Palliative Care Punjab Model

Speaker

Dr Arun Deka

- Palliative Care Assam Model

Hall D

Session: Online Speakers

Speaker

Dr Sunita Puri, (USA)

- Hospital based practice for Palliative Care

Speaker

Dr Gregorio Zunigai, (Canada)

- Pediatric Palliative Care

Speaker

Dr Katherine Pettus, (IAHPC)

- International Advocacy in Palliative Care

Speaker

Dr Jaskarandip Singh

- Palliative Care in Australia

07:00 pm onwards



Musical Therapy Session by

**Mr. Bhuvaneshwari Ramesh
Dr. Shubham Kulkarni**

followed by
GALA DINNER
at **MK Hotel**

Scientific Program

08:00 to 08:45 am - Yoga and Meditation by Dr Rakesh Jaiswal, Neha, Garima Agarwal
09:00 to 12:00 pm - Poster Session in Poster Display Area.

Time - 09:00 to 10:45 am

Day - 2 : 16th October 2022

Hall A

Session: "Integrative Palliative Care Services"

Speaker

Dr Sanghamitra Bora

- How to Start Palliative Care Service?

Speaker

Mr Noordeen K M

- Palliative Care for Chronic Kidney Disease Patients

Speaker

Dr Vallabh Dhalmodar

- Concept of Hospice

Speaker

Dr Dinesh Kumar

- Palliative Care and Government Health Services

Speaker

Dr Poorvalli Sur

- Management of Dementia in Elderly Care Home

Hall B

Session: "Complimentary Therapy for Integrative Palliative Care"

Speaker

Dr Shikha Gupta

- Role of Naturopathy in Palliative Care

Speaker

Dr Rakesh Jaiswal

- Role of Cosmic Healing in Palliative Care

Speaker

Dr Aditi Singh

- ECO Therapy & Counseling

Speaker

Dr Bhuvanewari Ramesh

- Role of Musical Therapy in Palliative Care

Speaker

Dr Cheenam Bhatia

- Role of Dietician in Palliative Care

Speaker

Dr Nithya Sekar

- Role of Occupational Therapy in Palliative Care

Speaker

Dr Veena Pillai

- Role of Dignity Therapy in Palliative Care

Hall C

Session: "Integrative Palliative Care for Life Limiting Illness" Part 2

Speaker

Dr Sailil Uppal

- Role of Palliative Care in Upper Motor Neuron Diseases

Speaker

Dr Inderdeep Singh

- Role of Palliative Care in Orthopaedic Cancers

Speaker

Dr Nisha Narang

- Palliative Care and Geriatrics

Speaker

Dr Ridhima Uppal

- Palliative Care and Oral Cancer

Speaker

Dr Neetina Kumar

- Yoga Therapy for Cancer - An evidence-based approach

Hall D

Free Paper Session

Judges

Dr Mary Ann Mukden
Dr Sukhdev Nayak

Scientific Program

10:45 to 11:00 am

Tea Time

Time - 11:00 to 12:30 pm

Day - 2 : 16th October 2022

Hall A

Session: "Integrative Multi-Disciplinary Team for Palliative Care (Experience Sharing)"

Panelists

Dr Mujeeb Kuttamassary
Dr K L Babu
Dr Minaxi Arora
Dr Samraj Karunanithi

Hall B

Session: "Various Issues in Integrative Palliative Care"

Speaker

Mrs Saroja Gangaiah

- Role of Pharmacist in Palliative Care

Speaker

Dr Shubham Kulkarni

- Ayurveda & Palliative Care

Speaker

Dr T Mohanasundaram

- Essentials of Oral Care in Palliative Care Patients

Speaker

Dr Rahul Arora

- Diabetes Management in Palliative Care

Speaker

Mr Aashish Beergi

- Role of Technology in Community Participation

Hall C

Session: "End of Life Care"

Speaker

Dr Ruchi Gupta

- How to Identify a Dying Patient?

Speaker

Dr Dinesh Kumar

- Care of Dying Patients

Speaker

Dr Prabha Seshachar

- End of Life Communication

Speaker

Dr Darshit Thaker, (Australia)

- End of Life Sedation - Do's & Don'ts

Speaker

Dr Chhaya Chandrasekhar

- Role of Spirituality in Palliative Care

Hall D

Session: Online Speakers

Speaker

Dr Sunita Puri, (USA)

- Hospital based practice for Palliative Care

Speaker

Dr Gregorio Zunigai, (Canada)

- Pediatric Palliative Care

Speaker

Dr Katherine Pettus, (IAHPC)

- International Advocacy in Palliative Care

Speaker

Dr Jaskarandip Singh

- Palliative Care in Australia

12:30 to 01:30 pm

Valedictory Function & Convocation

01:30 pm onwards

Lunch